



Camping Essentials Checklist

Brought to you by Fresh Air Fledglings

The Obvious

- Tent
- Sleeping bag(s)
- Sleeping mat or airbed
- Groundsheet
- Pillow

The Kids

- Favourite soft toy
- Bedtime book
- Snacks
- Sunhat / Woolly hat
- Reusable water bottle

Cooking & Washing Up

- Camping stove
- Gas canisters / fuel
- Lighter / matches
- Cooking pots & utensils
- Plates, bowls, mugs
- Cutlery
- Washing up bowl
- Sponge + washing liquid
- Tea towel

Activities & Games

- Soft archery
- Badminton set
- Boules / Lawn darts
- Nature Bingo cards
- Notebook + pencils

Clothes

- Waterproof jacket
- Comfy walking shoes
- Warm layers
- Socks & underwear
- Sun protection clothing

Electricals

- Torch / Headlamp
- Spare batteries
- Power bank / charger
- Phone (in waterproof case)
- Camping lantern